

A SOCIAL MAPPING TOOL that enables health mothers groups (HMG) to

- Map the population out of reach with the maternal health services;
- Identify and assess community health challenges, focusing on maternal and child health;
- Seek resources as preparedness to minimize the potential risk for maternal and neonatal health; and
- Advocate for access and quality improvement for the available services

The tool has been used in more than 2,358 mothers' groups in 44 districts of Nepal.

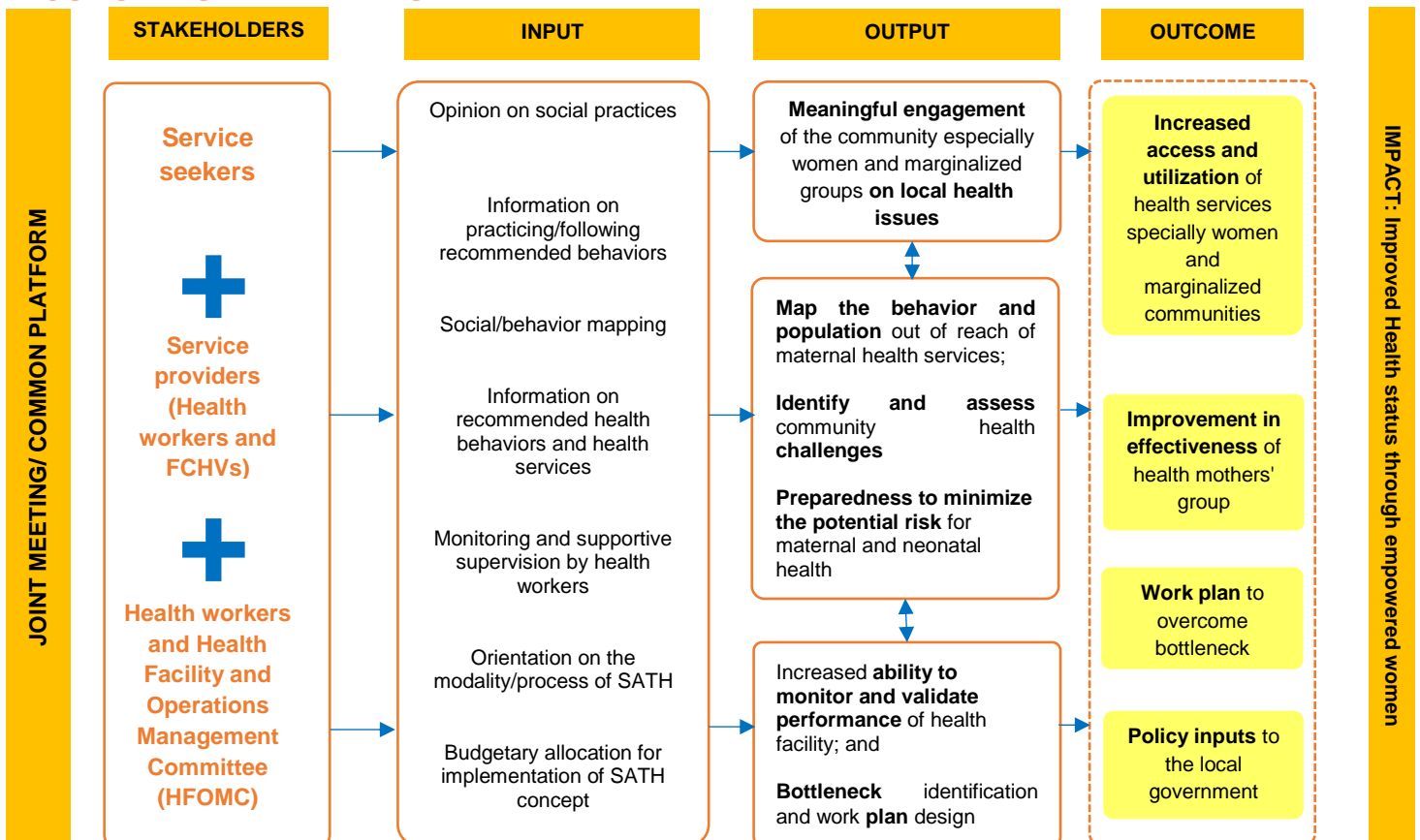


GOAL: Strengthen mothers' group and increase health service utilization among them.

OBJECTIVE

- To provide information and encourage women in 1000 days period to seek sexual, reproductive and maternal health services especially those from marginalized and vulnerable groups.
- To increase coordination between the community and HMG.
- To identify the sexual, reproductive and maternal health services including nutrition services required by women in 1000 days women.
- To address the bottlenecks including the ability of women to practice recommended healthy behaviors and/ or access health services.

CONCEPTUAL FRAMEWORK



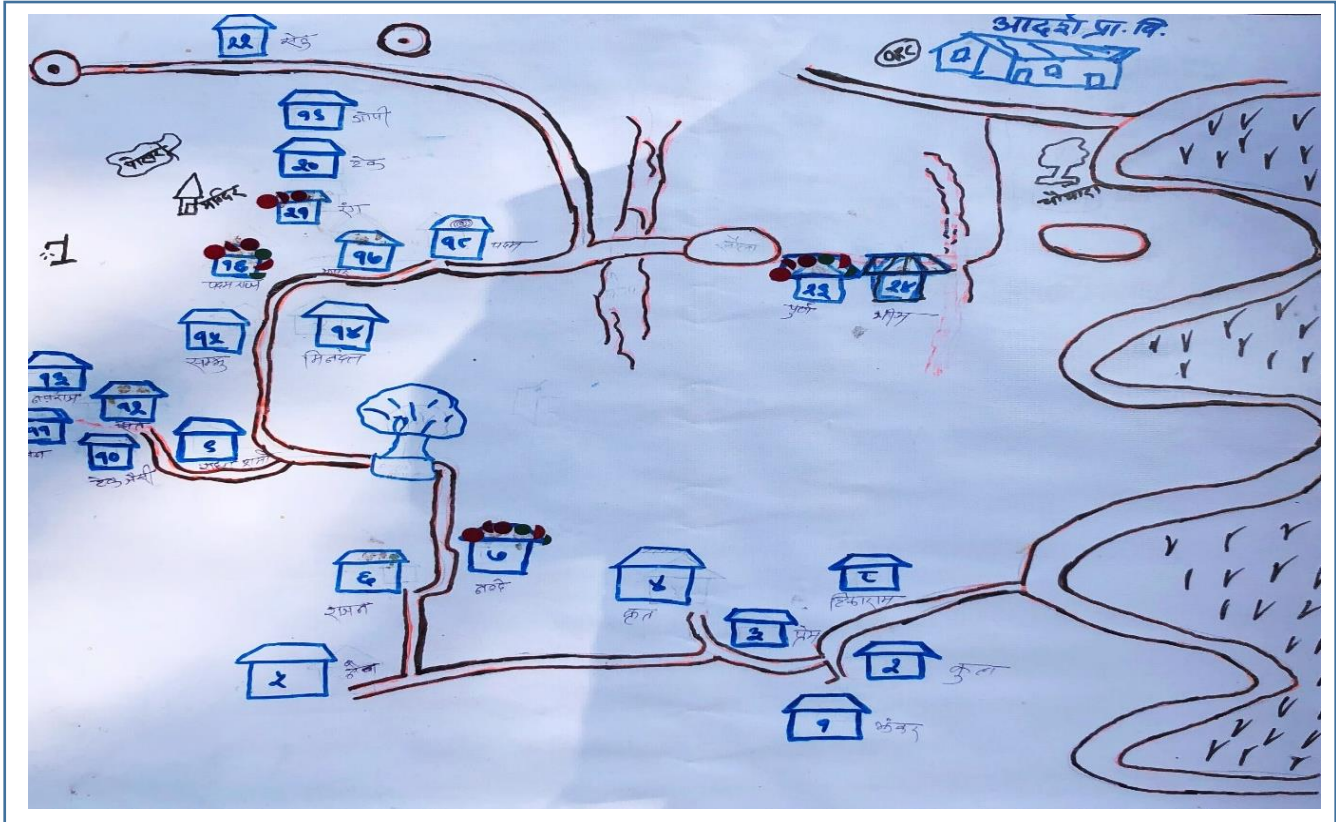
SOCIAL MAPPING IN SATH TOOL

.....Health Post,(District)

Self-Applied Technique for Quality Health (SATH)

Health Mothers' Group (HMG) Name:Date of meeting (specific day of the Month).....
 Female Community Health Volunteer's Name:Group Chair's Name:
 Ward Number: Neighborhood:Health worker supervising the HMG:

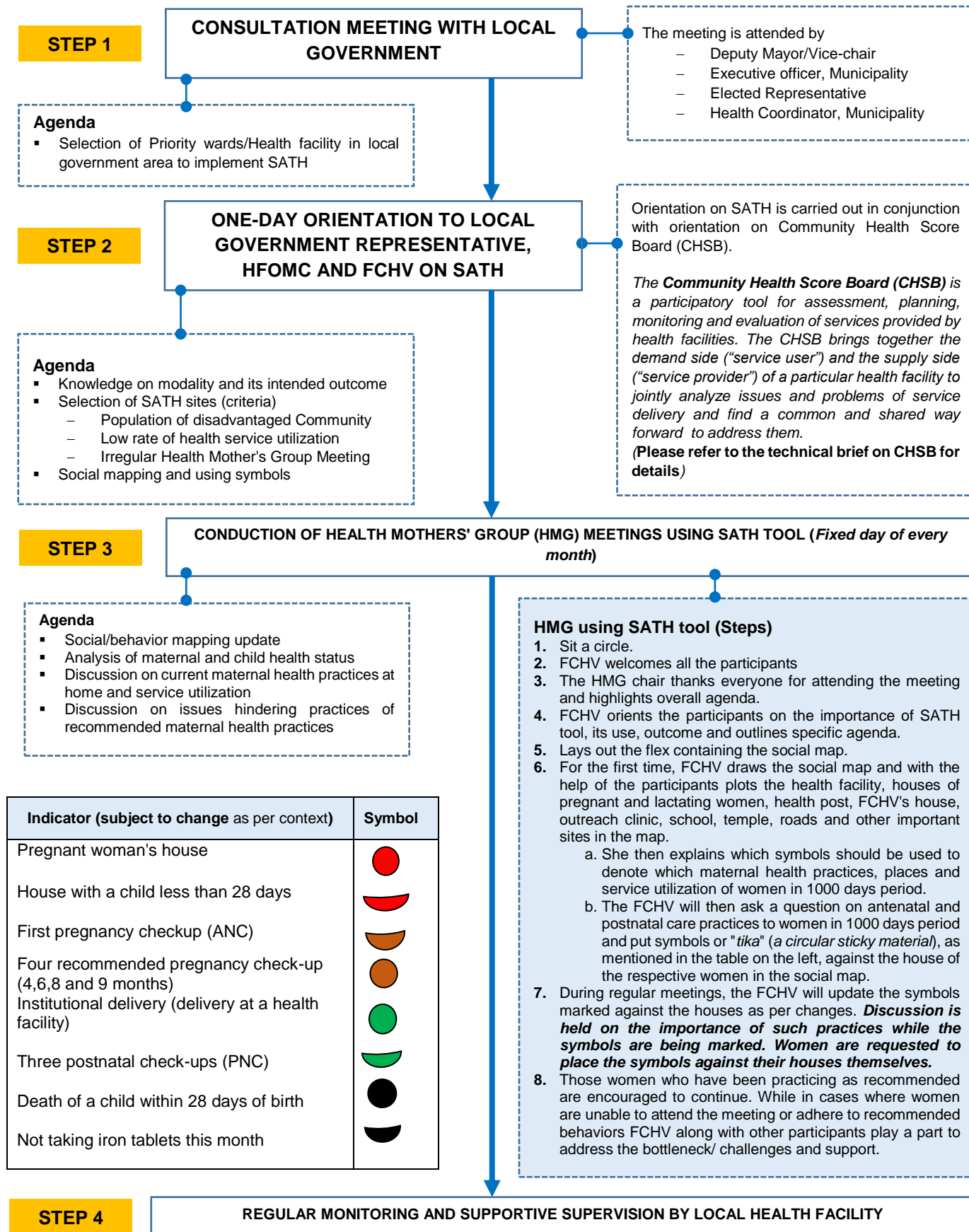
Social Mapping



Women who have used all health services	Demographic Information	Symbols for various maternal health indicators	Index of various places
1. Name.....(along with signs matching the one placed against the house of the respective lady in the social mapping) 2. Name.....	Total Population:..... Male:..... Female :..... Pregnant woman (count):..... Lactating Mother (count): 1000 days mother (count) Children <2 years (count)..... Children <5 years (count)..... Area or groups with rate of service utilization :	<ul style="list-style-type: none"> ● Pregnant woman's house ◐ House with a child less than 28 days ◑ First pregnancy checkup (ANC) ◐ Four recommended pregnancy check-up (4, 6, 8 and 9 months) ◑ Institutional delivery ◐ Three postnatal check-ups (PNC) ◑ Death of a child within 28 days of birth ● Not taking iron tablets this month 	<ul style="list-style-type: none"> FCHV's house..... Health facility..... Immunization clinic... Temple..... Pond..... Forest.... Water tap..... Group chair's house... Outreach clinic... Waterways....

Note: The demographic information and symbols used are subject to change based on context.

STEPS OF CONDUCTING SATH



SATH IMPACT



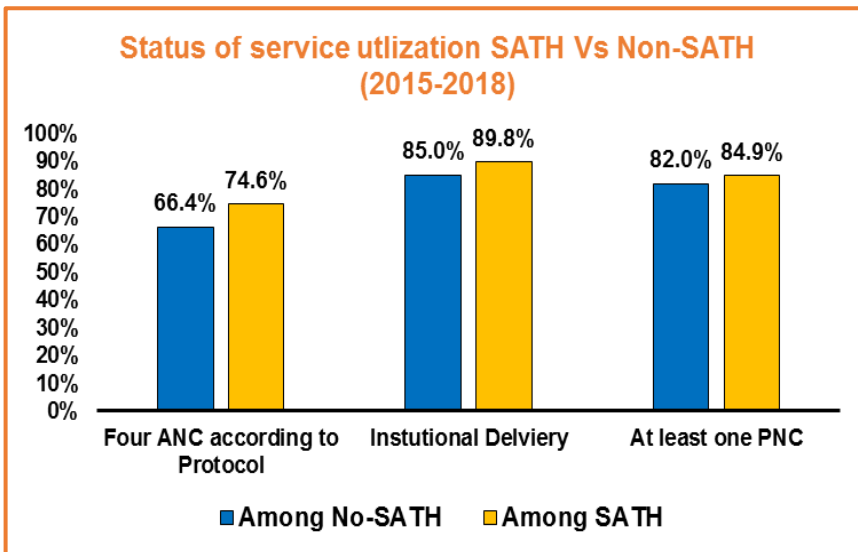
TARA ADHIKARI, FCHV, BAJURA

"After preparing the social map, a black tika (circular sticky material) is placed next to the houses of those pregnant mothers who missed their pregnancy checkup. Then while attending the mothers' group meeting everyone else has a red tika (signifying that they had done the recommended pregnancy checkups) and the one who did not have the ANC checkups has a black tika against her house understands the value of regular checkups and acts on it. By observing her peers, she is also encouraged to go for pregnancy checkups and immunization."



JANUKA MAJHI, DUDHAULI-3, SINDHULI DISTRICT

"Female Community Health Volunteers used to talk to us about going to the health facility for pregnancy checkup and consuming iron tablets before as well. But many people did not seem serious about it. After the introduction of SATH in health mothers' group, it has been easier to understand the recommended health practices that too in an enjoyable manner. Previously, women did not go to the health facility for delivery but by virtue of SATH tool, everyone has been able to understand its importance because now everyone is able to engage in the discussions."



Please refer to the following YouTube Links to know more about SATH tool

- https://www.youtube.com/watch?v=33_dwJUAf00&t=111s
- <https://www.youtube.com/watch?v=lqi5oZQ0Sjo>

Comments or questions on this technical brief should be addressed to:

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