

**ANNUAL
REPORT**

2019



**For over 40 years, dedicated to
defending dignity and fighting poverty**

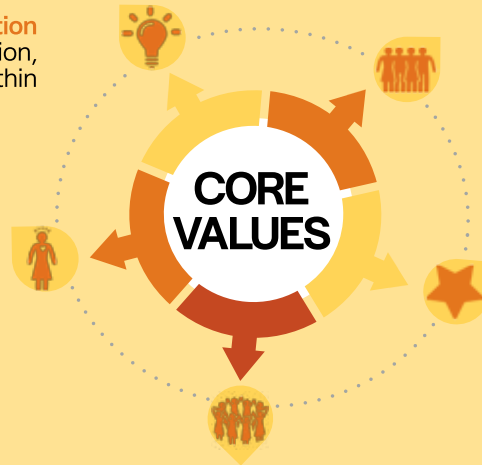
CORE VALUES

Transformation

We believe in urgent action, innovation, and the necessity of transformation-within the world and our own organization.

Integrity

We are accountable to the people and partners we humbly serve, transparently sharing our results, stories and lessons.



Equality

We believe in the equal value of every human being and the importance of respecting and honoring each individual; we know that change happens through people.

Excellence

We challenge ourselves to the highest level of learning and performance, tapping the best of the human spirit to create impact.

Diversity

We know that by embracing differences, actively including a variety of voices, and joining together we can solve the world's most complex problems.

Our Goal



By 2020, CARE will support 3.95 million people from the most vulnerable and excluded communities in Nepal to overcome poverty and social injustice.

Our Vision



We seek a world of hope, tolerance and social justice, where poverty has been overcome and all people live with dignity and security.

Our Mission



CARE works around the globe to save lives, defeat poverty and achieve social justice.

Our Impact Groups



Marginalized women and adolescent girls of Nepal, who are poor, vulnerable and/or socially excluded.



ABOUT CARE

About CARE International

CARE is a leading humanitarian organization committed to saving lives and fighting global poverty and has been working in over 100 countries across the globe. Working alongside a vast network of partners globally, CARE works to rebuild and improve lives of the most disadvantaged, poor and vulnerable communities. Through community based efforts, CARE works across the world to prevent spread of diseases, increase improved health awareness, increase access to safe drinking water, build awareness on sanitation, and bring communities together to expand economic opportunities and increase access to natural resources while protecting the environment. CARE seeks to influence policies and challenge social norms that affect the lives of women, children, and the most vulnerable communities through strong networking of partners, advocacy, increasing awareness on gender and women's rights, leadership campaigns and skills trainings. CARE also works actively in emergencies by providing aid to survivors of war and natural disasters. CARE has zero tolerance towards any form of gender based violence, sexual harassment, fraud and believes strongly in equality, diversity and inclusion.

CARE Nepal

In Nepal's most marginalized communities, girls and women always bear the brunt of poverty. But women and girls aren't just the faces of the poverty; they're also the key to overcoming it. This is why **women and adolescent girls specifically from marginalized communities have always been our core impact population to combat poverty, fight social injustice, challenge social norms and empower livelihoods.** CARE Nepal has been supporting the most vulnerable communities of Nepal to fight poverty and social injustice while providing capacity to empower communities both in policy and economic aspects over the last four decades of its establishment in Nepal. It is one of the key development actors in Nepal providing aid, relief and response in emergencies caused by various scales of natural disasters such as storm, flood and earthquake. By 2020, CARE Nepal aims to support nearly four million people from the most poor, vulnerable and excluded communities. We work closely with a vast network of donors, development actors, government entities, academia, research institutes, NGOs and civil society actors. From working around sexual reproductive health to mobilizing male influencers for gender equality, gender based violence, establishing mother networks to mobilizing clubs for issues related to adolescent girls, livelihood trainings, awareness on sanitation, increased access to natural resources, and increased access to safe drinking water to nutrition security to disaster risk reduction initiatives, CARE Nepal works around varied humanitarian spectrum. CARE has zero tolerance towards any form of gender based violence, sexual harassment, fraud and believes strongly in equality, diversity and inclusion.

Total women and girls reached in 2019 through various initiatives of CARE Nepal



Direct Reach

467,105



Indirect Reach

539,512

In the fiscal year 2019, CARE worked in **100 countries** around the world and implemented **1,036 projects and initiatives to reach 68.7 million people directly.** CARE also reached **401.3 million people indirectly** through its advocacy, replication of successful programs and scale up of innovations.

CARE Nepal's Theory of Change

Program Goal

By 2020, CARE will support 3.95 million people from the most vulnerable and excluded communities in Nepal to overcome poverty and social injustice

Socio-economic Empowerment

Marginalized women and adolescent girls have the knowledge, skill, agency, power and resources to claim their rights

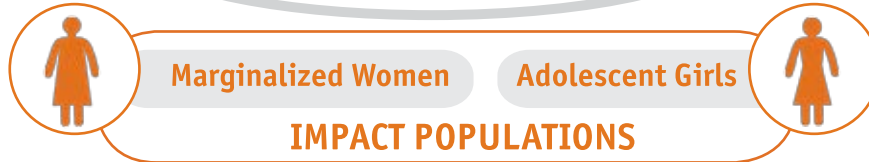
Transformed Social Norms & Structure

Nepalese society in all its forms values and upholds the rights of women and girls; and assures their access to quality services

Social & Political Power

Women and adolescent girls are able to exercise their citizen power and effectively engage with accountable and gender responsive institutions

OUTCOMES



Human Resources

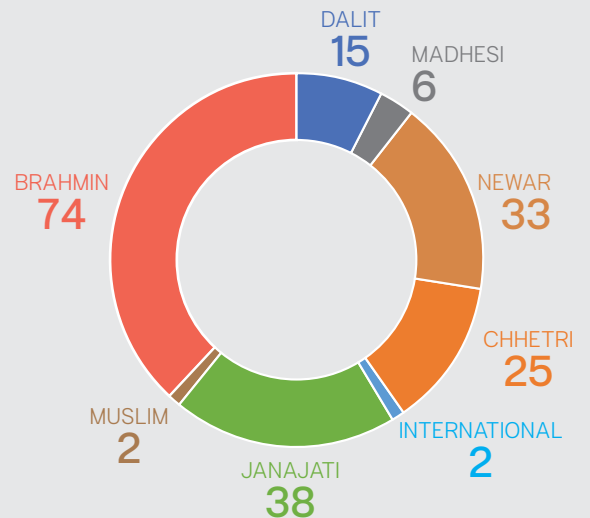
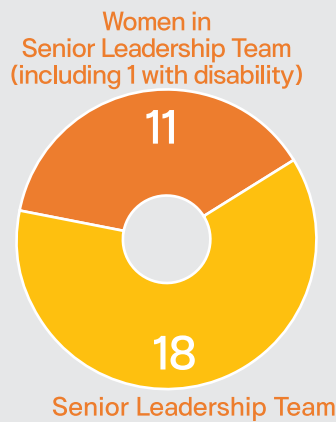
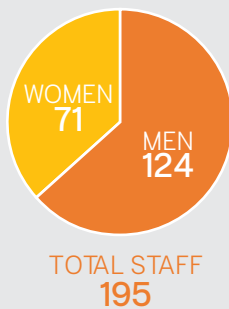


Photo by: Avash Karmacharya/CARE



2019

THE YEAR IN REVIEW

22
project

+

55
districts

=

594,111
people served

Photo by: Awasar project team/CARE



Reached **107,000 people** to support their food & nutrition security and resilience to climate change, indirectly benefiting a further 561,000 people



Reached **370,000 people** directly to support women's rights to sexual, reproductive and maternal health, indirectly benefiting a further 339,000 people



Reached **32,000 people** directly to support women and girls' rights to a life free from violence, indirectly benefiting a further 30,000 people

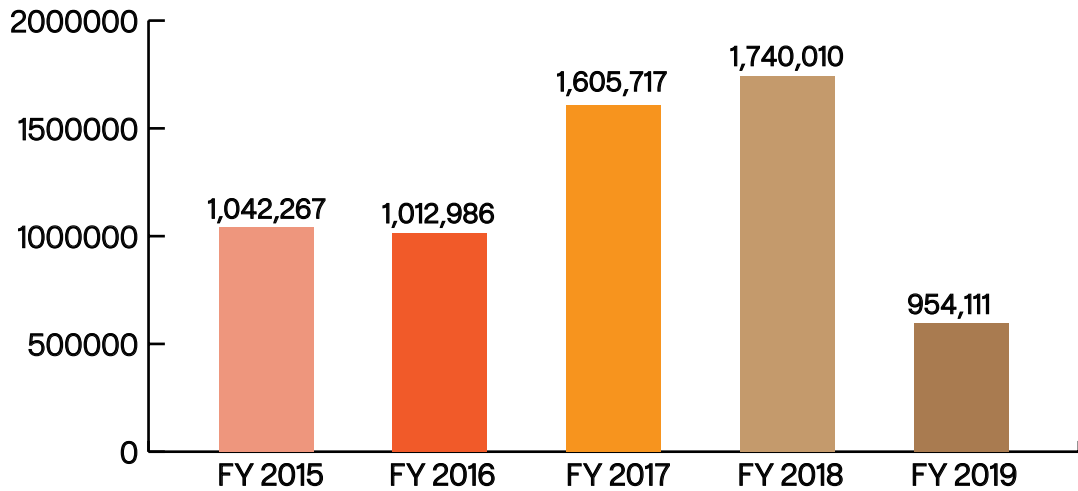


Reached **4,000 women and girls** to promote their access to and control of economic resources, indirectly benefiting a further 13,000 people



Reached **64,000 people** disaster affected people with life saving humanitarian assistance, indirectly benefiting further 32,000

TOTAL PEOPLE REACHED THROUGH CARE'S PROGRAMS



Total number of people directly reached through CARE Nepal's thematic programs for fiscal years 15, 16, 17, 18 and 19

TOTAL NUMBER OF PEOPLE DIRECTLY REACHED IN EACH THEMATIC AREA IN THE YEAR 2019

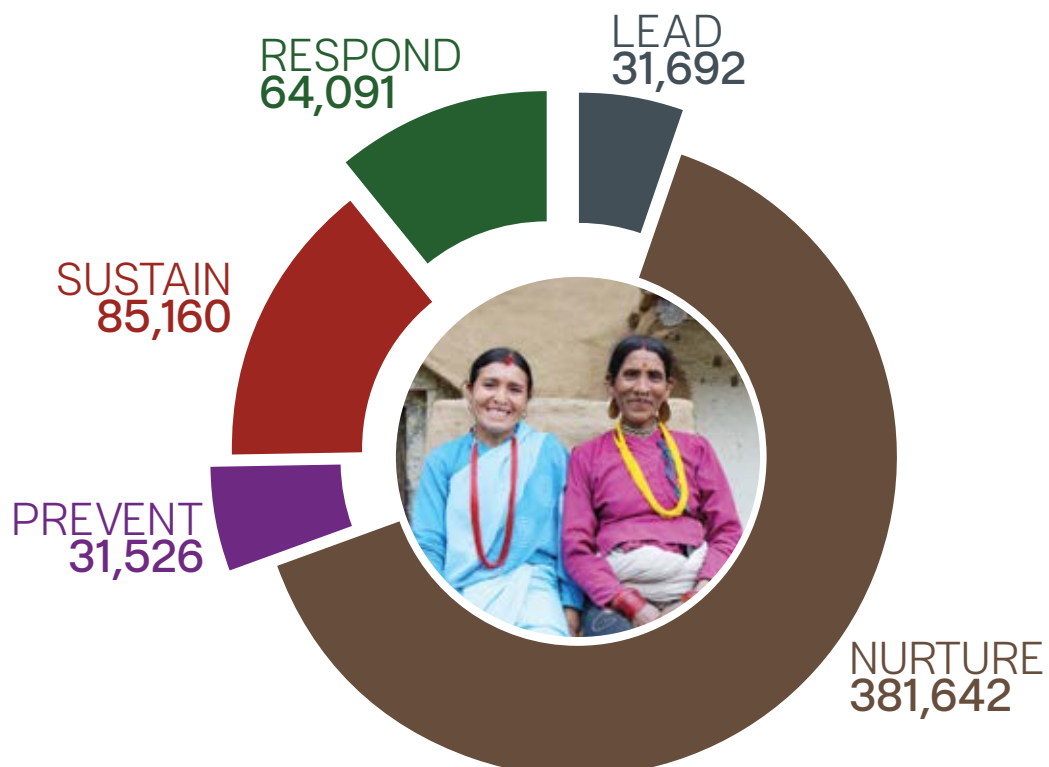
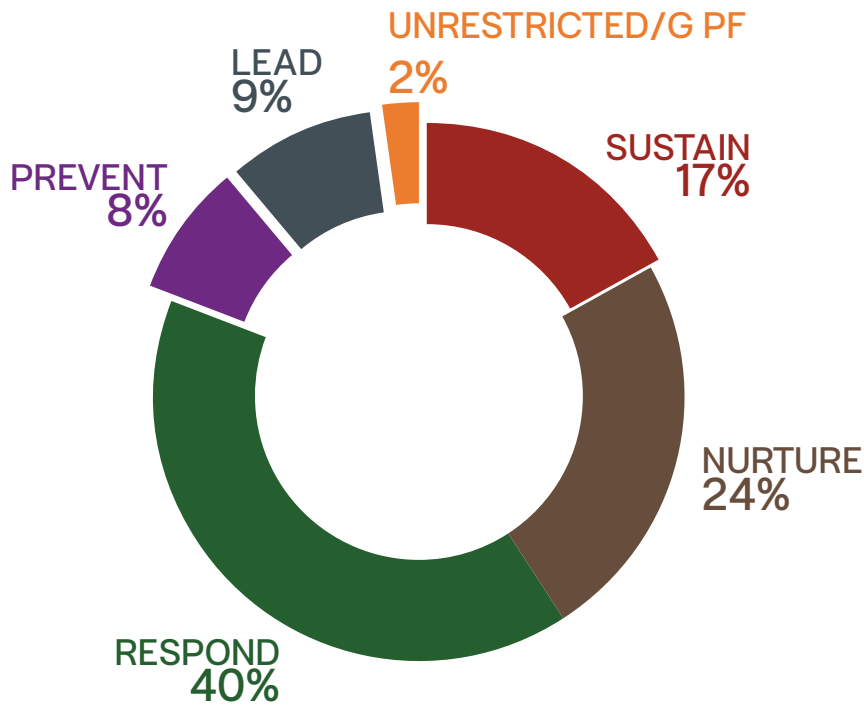


Photo by: Awasar project team/CARE

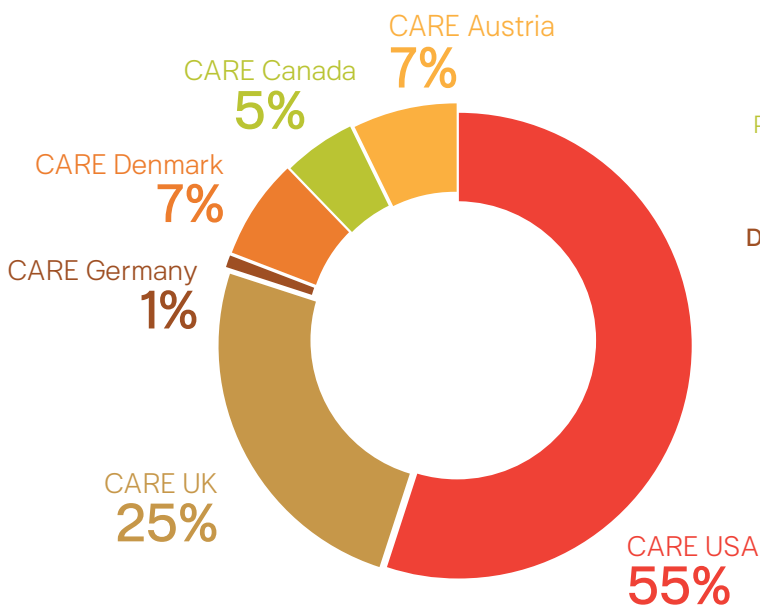


FINANCIAL STATEMENTS FOR FISCAL YEAR 2019

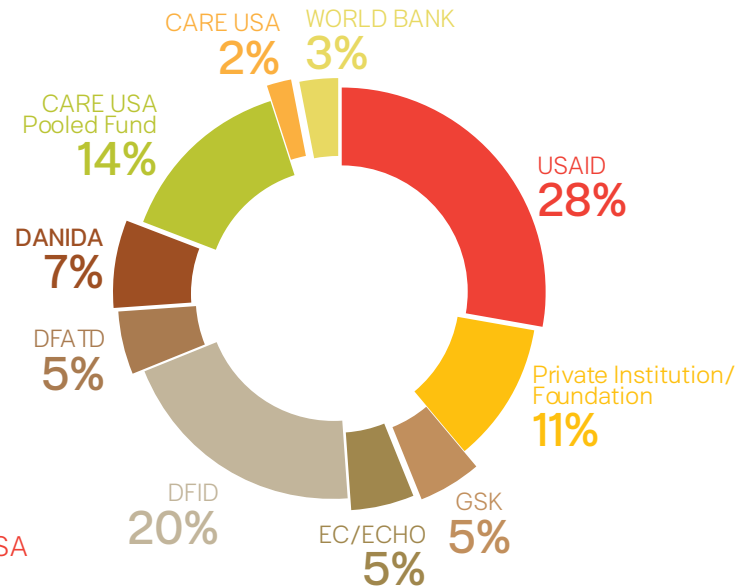
CARE NEPAL'S PROGRAM WISE EXPENSES



CARE'S MEMBER PARTNER WISE EXPENSES



CARE NEPAL'S DONOR WISE EXPENSES




AUDIT REPORT

CARE Nepal					
Income and Expenditure Statement					
for the period ended on 31 Ashad 2076					
(Corresponding to period ended on 16 July 2019)					
Particulars	Sch. no.	Current Year		Previous Year	
		NPR	USD	NPR	USD
Revenue					
Grants & Contracts Direct Revenue	10	934,856,294.11	8,394,203.52	1,225,305,516.06	11,831,553.70
Intra-Company Grants and Support	11	260,629,860.15	2,357,028.86	174,616,692.81	1,682,679.64
Contributions/Grants from CI Members	12	68,186,843.09	620,301.96	-	-
Total		1,263,672,997.35	11,371,534.34	1,399,922,208.86	13,514,233.34
Less: Expense					
Sub-Grant Expenses	13	507,279,875.33	4,552,343.04	649,891,919.78	6,269,872.22
Personal Expenses	14	421,907,098.96	3,777,269.50	438,643,627.23	4,244,234.70
Materials/Services and Consumables	15	162,546,664.09	1,463,665.55	138,191,678.82	1,327,773.89
Intra Company Grants and Support	16	33,465,060.08	303,113.26	67,801,904.13	655,542.43
Professional Services	17	49,038,478.85	438,954.83	62,543,812.31	604,257.03
Travel and Transportation	18	46,186,758.45	414,232.26	58,473,755.58	565,471.84
Financing/Miscellaneous	19	10,270,836.38	92,834.27	21,721,636.37	211,072.65
Occupancy related Expenses	20	17,312,556.47	155,293.42	18,825,274.87	183,480.48
Equipment Purchased	21	20,414,313.18	184,349.00	13,086,380.70	125,592.82
Foreign Exchange Gains/losses	22	(4,748,644.43)	(10,520.79)	4,965,337.97	(799.92)
Total		1,263,672,997.35	11,371,534.34	1,474,145,327.76	14,186,498.14
Surplus/(Deficit)		-	-	(74,223,118.89)	(672,264.80)

Schedules 10 to 22 and 23 form an integral part of this Income and Expenditure Statement

This is the financial statement referred to in our report of even date



Shivani Dixit Adhikari
Assistant Country Director-Program Support
and Finance
CARE Nepal



Lora Wuennenberg
Country Director
CARE Nepal



Shashi Satyal
Partner
PKF TR Upadhyaya & Co.
Chartered Accountants

Date: 3 October 2019
Place: Kathmandu, Nepal



OUR AREA OF WORK

Geographical Coverage of CARE Nepal's Ongoing Projects



Each year numerous donors and technical partners make it possible for us to carry out our shared mission. A huge thanks to all of them.

OUR DONORS

1. Alison Cornell
2. CARE Asia Regional Management Unit (ARMU)
3. CARE Deutschland-Luxemburg e.V.
4. Covance
5. Danish International Development Agency (DANIDA)
6. Department for International Development (DFID)
7. Department of Foreign Affairs, Trade and Development (DFATD)
8. European Commission's Civil Protection and Humanitarian Aid department (ECHO)
9. GlaxoSmithKline (GSK)
10. Hartman Group and CARE Germany
11. Jeff Peierls
12. Patsy Collins Trust Fund Initiative (PCTFI)
13. Supporting Access to Family Planning & Post Abortion Care (SAFPAC)
14. The Kendeda Fund
15. The OPEC Fund for International Development (OFID)
16. Thune Foundation/Erik Tune Fond
17. United States Agency for International Development (USAID)
18. World Bank
19. ZF Hilft e.V.



OUR MEMBER PARTNERS

1. CARE Australia
2. CARE Canada
3. CARE Denmark
4. CARE Germany
5. CARE France
6. CARE India
7. CARE Japan
8. CARE Netherlands
9. CARE Norway
10. CARE Austria
11. CARE Peru
12. CARE Thai Foundation
13. CARE International UK
14. CARE USA
15. CARE Switzerland





OUR PARTNERS

Together along with our partners, we form a powerful movement in pursuit of a world free from poverty. On behalf of our dedicated staff and the women and adolescent girls that we work with in Nepal, we offer our deep gratitude to our partners.

1. Action Nepal
2. Backward Society Education (BASE) Dang
3. Backwardness Eradication Society (BES) Nawalparasi
4. Backwardness Eradication Society (BES)- Palpa
5. Bheri Environmental Excellence Group (BEE) Banke
6. Centre for Community Development Nepal (CCDN)
7. Community Human Resource Development Program Golmatar (CHURDEP)
8. Community Rural Development Society (CRDS) Darchula
9. Community Self Reliance Centre (CSRC)
10. Dalit Social Development Center (DSDC)
11. Dalit Bikash Samaj (DDS) Salyan
12. Diyalo Pariwar
13. Environment Conservation and Development Forum (ECDF) Taplejung
14. Everest Club (EC) Dailekh
15. Forum for Awareness and Youth Activities (FAYA)
16. Forum For Rural Development (FORD)
17. Generating Income to Foster Transformation (GIFT)
18. Good Neighbour Service Association (GONESA)-HBP II
19. Groups for Social and Technical Development Service (GSTDS) Bajhang
20. Hamro Prayash Nepal
21. Hilly Region Development Campaign (HRDC) Jajarkot
22. Human Right, Local Development, Drinking Water and Environment Nepal (HEEHURLDE) Bhojpur
23. Human Rights & Environment Center (HURENDEC),
24. Integrated Rural Development Society (IRDS) Gulmi
25. Integrated Village Development Service (IVDS),
26. Jalpa Integrated Development Society (JIDS)
27. Jana Jagaran Mahila Sangh (JJMS) Bardiya
28. Jana Sewa Samaj Nepal (JSSN),
29. Kakani Community Development Center (KCDC) Nuwakot
30. Kalika Self Reliance Social Center Nepal (KSSC) Kapilvastu
31. Kot Gadhi Shikhar Samaj (KOSIS)
32. Lumbini Social Development Centre (LSDC) Arghakhanchi
33. Mallarani Rural Development Concern Center (MRDCC) Pyuthan
34. MANK (Mahila Atma Nirbharta Kendra)
35. Multidisciplinary Institute for Livelihood Enhancement and Natural Resource Management (MILAN) Myagdi
36. National Farmers Group Federation
37. National Land Rights Forum
38. Nawa Kiran Sewa Samaj Nepal (NKSSN)
39. Nepal Gaja Development Foundation (NGDF) (NGYC) Baglung
40. Nepal Janauddhar Association (NJA) Panchthar
41. Nepal National Social Welfare Association (NNSWA) Kanchanpur
42. National Empowerment and Equity Development Society (NEEDS)
43. National Network of Community Disaster Management Committee (NCDMC)
44. Pahadi Samaj Kalyan Kendra MSWC
45. Peace Win Nepal (Previously known as Peacewin Bajura)
46. RCDC (Rural Community Development Center)
47. Reconstruction and Research Development Centre, RRDC
48. Resource Identification and Management Society Nepal (RIMS-Nepal)
49. Rukumeli Social Development Centre (RSDC) Rukum
50. Rural Development & Awareness Society Nepal (RUDAS) Rolpa
51. RURAL DEVELOPMENT TUKI ASSOCIATION (RDTA)
52. Rural Women's Development and Unity Center (RUWDUC) -Dadeldhura
53. SAHAKARYA Nepal
54. SAHAS
55. Sahayatri Samaj Nepal
56. Shilichong Club Social Development Center (SCSDC)- Sankhuwasabha
57. Siddhartha Samudiyak Samaj (SSS)
58. Siddhartha Social Development Centre (SSDC)
59. Sindhuli Integrated Development Service (SIDS) Nepal
60. Social Awareness Center (SAC) Nepal
61. Social Development and Awareness Society (SODEAS) Baitadi
62. Social Empowerment Building and Accessibility Center Nepal (SEBAC Nepal) Achham
63. Society for Environmental and Human Resource Development Nepal (SOURCE) Doti
64. SSICDC (Shree Swanra Integrated Development Center)
65. Sunshine Social Development Organization (SSDO)
66. Sustainable Enterprise & Environment Development Society (SEEDS) Rasuwa
67. System Development Service Center (SDSC) Gorkha
68. Tuki Association Sunkhoshi, Sindhupalchowk
69. Unity for Sustainable Community Development (USCD)
70. University of New South Wales
71. We Women
72. Women Development Forum (WDF) Bajura
73. Working for Access and Creation Nepal (WAC-Nepal)
74. Young Star Club (YSC) Solukhumbu



LEAD

Women and Girls'
Leadership and Voice



Photo by : Riddhima Sharma/CARE

Many social and cultural norms and harmful traditional practices such as: son-preference; stigmatization of widows; seclusion of girls and women (e.g., menstrual seclusion 'Chhaupadi'); domestic violence; child marriage, polygamy; dowry system; human trafficking; pose additional barriers to women's and girls' empowerment. With an aim to combat these social evils, CARE, through its LEAD program, works to transform these norms and practices and create an enabling environment for women and girls to be valued in the society and be able to claim and exercise basic rights and services.

Recognizing that education is key to women's and girl's empowerment, this year, along with other activities under this program, CARE Nepal placed a special focus on provision of quality education (formal and non-formal). We provided adolescent girls from marginalized and vulnerable communities with the opportunity to pursue their education through **Udaan Accelerated Learning Centres** which is an accelerated learning program open to girls from marginalized communities between 10-14 years, who have dropped out of school or never been to school. The joyful learning environment adopted by this model informs the girls about their basic rights and makes them

Total people directly reached in 2019

31,692 

Total Women and Girls directly reached

17,336 

Total Men and Boys directly reached

14,356 



2,030 girls' graduated from Udaan learning centers

62% of those girls are continuing in formal schools till date.
(1,277)

realize their aspirations in life which enhances their interest in continuing education. Some of the girls who have studied in these centres have also been part of the Girls' Right Forum, a platform managed by girls which advocates about adolescent girls related issues on Gender-Based Violence, Education and Child Early and Forced Marriage with the Government.

CARE also engaged with local religious leaders and government stakeholders to obtain support for opening Udaan centers in formal schools and *Madrasas* (A Muslim school or college that is often part of a mosque) to ensure smoother transition of the graduates of such centers into formal schools. This year, we have opened Udaan centers in two Madrasas in Kapilvastu where Government approved condensed curriculum from class 1-4 is being taught to Muslim as well as non-Muslim girls.

“UDAAN gave me a second chance to continue my education and I am very thankful for it. When I grow up, I want to become a teacher so that I can help other girls to continue their education as well.”
– Neha Yadav, 13



Photo by: Udaan project team/CARE

Our Initiatives



Photo by: Tipping Point project team/CARE

TIPPING POINT

This Kendeda/CARE USA funded initiative works with adolescent girls from areas with high child marriage prevalence rates in Kapilvastu and Rupandehi districts with an aim to address the underlying causes of child marriage through a dynamic process of innovation, analysis, learning and advocacy.

MAITRI

This CARE USA funded initiative works with Dalit and marginalized school going girls of Kapilvastu and Rupandehi districts of Nepal and selected regions of India with an aim to ensure that they have access to safe and secure education that enables them to develop necessary skills for improved life opportunities.



Photo by: Riddhima Sharma/CARE

HAUSHALA

This PCTFI/CARE USA funded initiative works with girls from vulnerable and marginalized communities of Kapilvastu and Rupandehi districts who have dropped out after early grades or have never been to school with an aim to ensure that these adolescent girls have better life opportunities by building their capabilities to pursue opportunities and realize their aspirations.



Photo by: Tipping Point project team/CARE

CHHORI KO SHIKSHYA

This Tune Foundation-funded initiative works with adolescent girls from vulnerable and marginalized communities in Kapilvastu District who have dropped out from or have never been to school to empower them to complete their primary and/ or secondary education.

UDAAN

This OFID/CARE Austria funded initiative works for the marginalized and vulnerable adolescent girls in Kapilvastu district. It supports the girls who are out of school by providing them a second chance to continue their education, providing livelihood opportunities and leadership development.



PREVENT

Gender Based Violence (GBV) and
Violence against Women and Girls- VAWG



Photo by: Safe Justice project team/CARE

According to the Nepal Demographic and Health Survey 2016, 3 in 10 women in Nepal are survivors of violence, and 23% of the respondents endorsed the act of beating by their husband. Most of the survivors do not seek help. CARE Nepal is responding to Gender Based Violence (GBV) and Violence against Women (VAW) through its PREVENT program. Evidences reveals that, PREVENT interventions in its impact areas have supported to curb the increase of intimate partner violence, and strengthened knowledge and skills on violence reporting mechanisms in targeted adolescent girls and women.

CARE's signature ReFLECT (*Regenerated Freirean Literacy through Empowering Community Techniques*) methodology builds on the communi-

ties' own local knowledge and analysis of the immediate environment. It is a participatory tool used to conduct dialogue on issues and challenges faced by the communities to foster collective action. It makes people critically conscious of the unjust systems and barriers, which discriminate, oppress and exclude women from services, rights and decision-making. Through such approaches and tools, CARE sensitizes women to seek support and report incidents via informal groups, friends and GBV hotlines. CARE also strengthens the capacity of service providers to carry out their duties and register, investigate and prosecute reported GBV cases ensuring timely delivery of justice to survivors.

Total people directly reached in 2019

31,526



Total Women and Girls directly reached

18,751



Total Men and Boys directly reached

12,775



“ For the first time in my life I felt I was not alone, as I participated in the REFLECT group and listened to the stories of women like me. If not for the REFLECT group and the participants, I would not have had the confidence to **say NO to violence.** ”

– **Rena Chepang**, 37

There is a recorded **2.6% decrease** in violence faced by impact communities in Gorkha and **1% decrease** in Accham.



Photo by: CARE

Our Initiatives



Photo by: Safe Justice project team/CARE

SAFE JUSTICE

This DFID funded initiative works with poor and marginalized populations with a focus on women and girls in Sindupalchowk, Dhading, Gorkha, Achham and Bajura districts of Nepal with an aim to ensure that communities have improved experiences of safety and access to better quality security and justice services, particularly for traditionally excluded and marginalized groups.



Photo by: CARE

SAMBODHAN

This World Bank funded initiative works with women and girl survivors of gender based violence in Kathmandu, Bhaktapur, Lalitpur and Nuwakot districts of Nepal with an aim to improve the response to gender based violence in Nepal by improving the quality and reach of services for its survivors through a helpline, promoting greater awareness among key stakeholders and strengthening the capacity of National Women Commission.



RESPOND

Humanitarian Response, Preparedness
and Disaster Risk Reduction- DRR



Photo by: Bisesh Sangat/CARE

CARE has been responding to various natural disasters faced by Nepal every year with one of our most prominent responses being our work with the families affected by the Mega Earthquake of 2015. The earthquake affected different communities at different scales out of which women, elderly folks, children and people with disabilities were the most affected. In 2019, four years after the earthquake, to support the Government's efforts, CARE implemented actions with a focus on livelihood and assets recovery, recovery of infrastructures, recovery of basic service systems (*health, water, education, transportation etc.*) and psychosocial recovery. To ensure that such communities are better equipped to deal with such disasters in the future, we also integrated disaster risk reduction and preparedness along with the recovery activities with a focus on building earthquake resistant structures, repairing and reconstructing toilets,

drinking water supply systems and health facilities that are resistant to disasters.

Water and sanitation is one of the most important human needs during relief and recovery after a humanitarian crisis. The earthquakes of 2015 affected the underground and spring fed water sources needed by remote communities for their water supply in addition to other drinking water supply systems. Furthermore, women are disproportionately affected by the resulting water crisis, as they are often responsible for collecting water. This takes time away from work, school and caring for family. As such, CARE has been implementing WASH recovery and reconstruction interventions in 7 districts after the earthquakes through which 37,696 HHs have been reached through sanitation and hygiene services since 2015.

Total people directly reached in 2019

64,091



Total Women and Girls directly reached

32,109



Total Men and Boys directly reached

31,982



72%

(out of the total **30,300 households** in CARE's earthquake response areas) **constructed earthquake resistant houses as of 2019** with social, technical and material support from CARE Nepal.

Since 2015 till present
CARE has
**rebuilt/renovated
123 disaster resilient
water schemes**
benefitting approximately
10,248 households.



Photo by: CARE

“Bringing water from a height of 3,900 meters looked difficult before but we have done it together as part of the water user and sanitation committee and I am glad that our community now has access to water in their own yards. Life is much easier now.”

– **Purnima Gurung**, Laprak, Gorkha



Photo by: Bishes Sangat/CARE

Our Initiatives



Photo by: Emergency Response and Recovery project team/CARE



Photo by: PRAYAAS project team/CARE

EARTHQUAKE RESPONSE AND RECOVERY

This initiative funded by various donors namely (Global Affairs Canada, DFID and a Pooled fund comprising of support from various donors) works with communities affected by the April 2015 earthquake in Gorkha, Sindupalchowk and Dhading with an aim to provide lifesaving shelter, water sanitation and hygiene.

STORM RESPONSE

A powerful storm hit southern Nepal in March, 2019 taking lives of 31 people and injuring hundreds. In response to the same, CARE Nepal led consortium funded by DFID (NERF) supported few affected families with non-food items and emergency supplies in Bara from the stockpiled relief materials.

PRAYAAS II

This ECHO and ADC funded initiative works with communities that are most vulnerable to disaster with special focus on marginalized people in Sindupalchowk, Gorkha, and Makwanpur districts of Nepal with an aim to strengthen resilience of said communities to natural disasters through integrated risk governance, safe reconstruction and risk transfers mechanism.



NURTURE

Sexual, Reproductive and Maternal Health – SRMH



Photo by: Samman project team/CARE

CARE works to reduce maternal and newborn mortality and improve health outcomes by placing a special focus on increasing the quality, responsiveness and equity of health services through its NURTURE program. Through the various initiatives under this program, CARE has been engaged in supporting government to enhance access to health services and ensure quality service delivery at all levels. We have also provided technical assistance to the Department of Health Services (DoHS) during planning of nationwide activities related to maternal and child health with special focus on family planning.

CARE has also supported the Ministry of Health and Population (MoHP) in construction of health facilities, construction and renovation of birthing centers and training to health workers on skilled birth attendance (SBA). In 2019, we have placed a special focus and family planning - Long Acting Reversible Contraceptives (LARC) on the Nepal Government's Female Community Health Volunteer program through our initiatives like *Samman* and *Suaahara*. CARE Nepal supported the Government technically and financially in revision of

new FCHV strategies. Moreover, with learning from CARE Bihar's incremental learning package CARE Nepal led the development of an FCHV learning package along with other development partners on various health issues of the community. The package was endorsed by Nursing and Social security division, of department of health services during FCHV Day 2019. The package has now been rolled out in the entire country with the help of INGOs and CARE. Along with demand generation and system strengthening activities as part of the Nurture program, this FCHV modular package is likely to be instrumental in strengthening the overall community health system.

“ I have delivered 20 healthy babies after receiving CARE's Skilled Birthing Assistant training. I feel very lucky, happy and thankful. ”

– **Arati Sah**
Auxiliary Nurse Midwife

Total people directly reached in 2019

381,642



Total Women and Girls directly reached

355,512



Total Men and Boys directly reached

26,130



CARE has organized **Comprehensive Family Planning Counselling Training** for more than 371 health workers so that they can properly provide these counselling services to clients to ensure informed choice in using the family planning services.

2,688

Female Community Health Volunteers (FCHVs) have been trained on **family planning counselling**.



Photo by: Suaahara project team/CARE

Our Initiatives



Photo by: Suaahara project team/CARE

SUAAHARA II

This USAID funded initiative works with 1,000 days mothers, children under 5 years of age and women of reproductive age and adolescents in 42 districts of Nepal with an aim to improve the nutritional status of women and children.

This is consortium project and CARE has responsibilities of implementing health, GESI and resilience component of the program.

Under the health services, CARE focuses on increasing use of quality health and nutrition services by women and children.



Photo by: Samman project team/CARE

SAMMAN III & IV

This Glaxo Smith Kline/CARE UK funded initiative works with women of reproductive age, pregnant women, new-born children and children under 5 years of age in Kailali, Doti, Dadeldhura, Kavre, Sindhuli, Rasuwa, Nuwakot and Sindhupalchowk districts of Nepal with an aim to improve maternal and neonatal health outcome by strengthening and increasing effectiveness of frontline health workers to positively impact maternal, neonatal, and child health goals.



Photo by: Awasar project team/CARE

AWASAR

This DANIDA/CARE Denmark funded initiative works with school going girls and boys, teachers, farmers groups and mothers groups in Bajura and Mugu with an aim to improve the nutritional and educations status of hard to reach children.



SUSTAIN

Food and Nutrition Security, Livelihoods,
Natural Resources and Climate Change

Photo by: Hariyo Ban program team/CARE

CARE Nepal's SUSTAIN program strives to improve food and nutrition security, livelihoods, natural resources management and building resilience against impacts of climate change. Through its various initiatives, SUSTAIN program identified and piloted models which build a community's resilience to the impacts of climate change such as extreme weather conditions, drought, erratic rainfall and disaster events; and which can be replicated at a larger scale. Keeping at heart community mobilization and coordination with government at all levels, these climate resilient models assessed how different groups are affected in different ways by climate change impacts and the cause behind these different impacts. Accordingly, appropriate adaptation response was planned and implemented while ensuring participatory and inclusive targeting and decision-making. To name a few, the models include Implementation of Integrated Sub-watershed Management Plans and local Adaptation Plans of Action, Payment/Incentives for Ecosystem Services, Community Learning and Action Center; and Reflective Institutional Capacity Building Approach for Improved NRM governance work to name a few.

Further, through the various initiatives under this program, 19,142 people from poor vulnerable and socially excluded

communities have been organized in 415 Natural Resource Management groups, 80 Tol Land Rights Forum, 444 Community Learning and Action Centers, 151 Farmers Group, and 226 Community Disaster Management Committee to advocate for their rights to manage the natural resources and the government or community funds and resources in their respective communities as a means to promote internal governance, livelihoods and entrepreneurship.

Total people directly reached in 2019

85,160



Total Women and Girls directly reached

43,397



Total Men and Boys directly reached

41,763



Farmers provided with identification cards which will enable them to utilize Government facilities through a systematic and fair method

Since 2011, CARE's implementing partner, National Farmers' Group Federation (NFGF) had been advocating for a government provision to define and classify farmers based on realistic indicators. NFGF's 7-year long advocacy paid off this year when the provision of Identity Card to the farmers with classification and social security to the farmers was finally included in the federal Right to Food and Food Sovereignty Act 2018.

In order to facilitate proper implementation of this act at the local

level, as a start, NFGF worked closely with Belaka Municipality following which and the local government initiated the process of formulating municipal level Agriculture Act and Guideline. As a result, the Agriculture Act of Belaka Municipality 2018 was developed which clearly mentions the provision for categorizing farmers into four groups from the government. This has been successfully put into practice with the local government leading the process in Belaka ensuring fair and equitable distribution of these provisions to the farmers.



Our Initiatives



HARIYO BAN PROGRAM II

This USAID funded initiative works with the community members involved in Natural Resource Management Groups from Kaski, Syangja, Tanahun, Lamjung, Gorkha, Chitwan, Kailali, Kanchanpur, and Banke districts of Nepal with an aim to increase ecological and community resilience in GoN-identified biodiverse landscapes Chitwan Annapurna Landscape (CHAL) and Terai Arc Landscape (TAL) areas.

POSHAN

Improved Nutritional Outcomes among socially disadvantaged Musahar and Dalit Communities in Siraha District of Nepal

CARE Nepal has been implementing "Improved Nutritional Outcome (POSHAN)" project aligning with the CARE Nepal existing project, "Samarthyaa" area with the support of JEFF PEIERLS. The poor, vulnerable and socially excluded communities, Musahar and Dalit communities of Bhagwanpur Rural Municipality of Siraha District (State 2) focusing on pregnant women, lactating mothers and children below five are the impact populations of this initiative.

SABAL

This USAID funded initiative works with the most marginalized, vulnerable and food insecure households of Makwanpur, Sindhuli, Ramechhap, Udayapur, Okhaldhunga, Khotang, Kavrepalanchowk, and Sindupalchowk districts of Nepal with an aim to ensure that these households are more resilient and food secure.



SAMARTHYA

This is a national level initiative implemented in Okhaldhunga, Udayapur and Siraha with a focus on developing climate resilient scalable models in land and agriculture, and strengthening peoples' organizations to become more effective in engaging with government at all levels in these areas.



DIGNIFIED WORK

Advocacy to support the ILO convention on ending violence and harassment in the world of work

This is an initiative for organizing, empowering and mobilizing informal sector/home based workers specially the women workers. The initiative focuses on national level advocacy targeted to influence actors relevant to the passing and ratification of the ILO convention.



Photo by: Richa Uprety/CARE

STRENGTHENING GENDER EQUALITY AND SOCIAL INCLUSION

CARE's approach to GESI believes that to bring about holistic empowerment, it is critical to address women's capacities, the relationships of power such as households and communities that affect their choices and the structures such as laws and policies that govern their lives and choices. In 2019, 27% of our projects and initiatives were gender transformative – meaning they contributed to a lasting change in the power and choices women and girls have over their own lives, rather than just a temporary increase in opportunities. A further 9% were gender responsive – meaning they challenged inequitable gender structures, systems, norms, and power relations. A further 64% of our projects and initiatives were gender sensitive – meaning they identified and addressed the different needs of people based on their gender, but did not challenge the root causes of gender inequality.

315 women and girls are meaningfully participating in formal (government-led) and informal (civil-society, private sector) decision-making spaces through CARE's LEAD initiatives

PROMOTING INCLUSIVE GOVERNANCE

Promoting inclusive governance is at the core of CARE's approach to "addressing the underlying causes of poverty and tackling social injustice". We work at the grassroots level to empower poor and marginalized people to know and act on their rights, have their say and hold to account those in authority. At the same time, we influence those in power to be more responsible, responsive and accountable. Across all of its initiatives, CARE promotes inclusive governance via governance models namely social accountability (*mechanisms such as community score card, social audit, etc.*, to support local authorities and citizens to engage in dialogue and participatory decision making. In 2019, 9% of our projects and initiatives were transformative in regards to inclusive governance and a further 9% were responsive. A further 82% were accommodating of inclusive governance, that is, these projects and initiatives worked within existing institutions and power relations.

CARE's Community Score Card tool adopted by local government, in Tikapur, Achham, Dadeldhura and Kavre.



Photo by: CARE

Increasing resilience

One of CARE's major goals is to build resilience into all our programs. For example, while we provide emergency relief in a food crisis, we also support farmers to increase crop yields, and enable women to start businesses and save money, so that they can afford to buy food for their families. Further, while implementing our other development initiatives, we ensure sustainable and resilient solutions that withstand the test of time and other external obstacles. CARE's approach to increasing resilience is not an outcome that can be achieved within a specific time frame, but an ongoing process. If the capacities and assets to manage various shocks, stresses, risks & transform their lives in response to new hazards, opportunities & uncertainty are built and supported & if drivers of risk are reduced & if these actions are supported by an enabling environment, then resilience is increased.

In 2019, 41% of our projects and initiatives included actions to increase resilience while 50% of projects integrated fair resilience building activities into their programming.

1,800 HHs

have reduced risks from natural disasters through increased understanding and practiced risk reduction measures like go bags and HH level mitigation works.

39 Gender Based Violence survivors

operating their businesses are earning in the range of US\$ 136 to 600, spending in diversified areas.





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